

Why are girls so unsatisfied with their appearance? This might be because media control women bodies using magazine and other method. Media presents beauty with unrealistic standards. This creates pressure to be perfect. Therefore, this influences girls to look like media expectations. Girls start to use make-up, straighten hair and develop eating disorders. This video shows how perfection is a disease over our nations.

Women are hurt by media. Women are objectified by media to be perfect. This shows that media are forcing women to be like a Barbie doll. This means that Perfection for media means is to have the perfect waist, perfect skinning face and perfect high. This facts push woman to hurt them just to be skinny. According to the video "pretty hurts" by Beyoncé, this video shows how women need to have a specific measurement to be part of the modeling contest. For example, Women are persuaded to do surgery with their bodies if they want to be considerate a candidate for the perfect look. This hurt women because they are changing their natural beauty and obligated them to injecting chemical which can be harmful and destroy more her face. This hurt women because they want to be beautiful but media exaggerate about what is beauty. According to Miss Representation Documentary it says, "when you're self-objectify, you are more likely to experience depression, eating disorder and this affect their self-esteem. More in general, the number of cosmetic surgical procedure performed on youth under age 19 more than tripled from 1997 to 2007 . This shows that media have a big impact over teenager mind. Therefore, this is like epidemic which also affecting teenagers around the age 12-25. More than 95% of students have eating disorder. As we can see, media no only force women to have a perfect appearance also affect the next generations. This shows media is killing everybody with their crazy mind.

Another reasons why women are hurt by media. Media is transforming women to have a figure that female can't be. This a very dangerous because everybody is different. Some have different reaction over a medicine and that's why some people die during that surgery. They want that all models to look the same. For example, in this video Beyoncé, seems to look good to be a model but her coach force her to lost more weight even when she is not over weight. This affect her because the other models were looking her different and not accepting her. For this pleasure, she was drink pill to provoke the vomit and push her to do a surgery on her face. After all of this can't feel like her self and so sad because now she don't like how media change her. Beyoncé had a very important message to them but they prefer to ignore her. For example this smart quote "The soul is that needs the surgery". This means they should care more about the models health than what they want to do with them. According to *America the Beautiful* a girl died of anorexia trying to look like a model when she was just 10 years old.. This means young girls feel ugly when they're compare them self with what they learn from the media.

One opposing claim is that hurt men. This affected men because they might like how a real women look like it without any surgery. or example, the man who was controlling program; ask her what is her aspiration in life? During this moment she thinks in all those moment of frustration and depression and her answer was to BE HAPPY. Because she does not like how they converted her in another person losing weight and having new cut hair. Thats why she suffered greatly and sadly. This man feel like what is going on? why she said that? This shows that for media is very different what is being a model. Media destroy female dream. In our society, some men don't like composed women. Men like the woman with natural beauty with any surgery . This affect men because they might think

what is going with the female. they look perfect being who they are. but female think they are ugly and want to have a new life. When in reality she is beautiful. and men like to choose this type of woman with natural beauty because these with surgery are so expensive always want to dress too sexy. The Media is the appearance of what is seems okay but in real life media is transforming our world in a world of princess thats does not really exist.

In conclusion, as I discussed in the above paragraphs the media has a negatively impact in the way women beauty is managed. As we can see media promotes beauty by unrealistic beauty. Media is so strong that I want to take out my dark circles around of my eyes beauty products. I feel they are forcing to buy their products. But beauty is not how you look like it, is what you have INSIDE. Love yourself the best thing ever that you can do it.